

SUPPERS:

- Tuesday: Spaghetti & Meatballs (sauce w/ meatballs is frozen in a tupperware container in freezing unit.
Noodles - You will have to cook. They are in cabinet above refrigerator.
Canned Biscuits Carol does not eat noodles.
Applesauce (canned)
Dessert
- Wednesday: Pizza (2 boxes of little pizzas are in freezing unit...cook both and each of you may have two. Grant will not eat more than one, however, so you could have the other one if you want it.
Sliced canned pineapple.
Milk and dessert
- Thursday: Chicken (there is a whole fryer cut up in the freezing unit.)
Prepare it with Shake and Bake and bake in oven.
Mashed Potatoes (there is a box of instant) w/ butter
Jello (Lime and combine with a can of fruit cocktail, using the juice for part of the liquid.)
Milk and dessert.
- Friday: Ravioli (there are two cans on the lazy suzan shelves...use both)
Canned biscuits
Apples, cut up in quarters
Dessert and Milk
- Saturday: Hamburgers (patties are frozen and the buns are in outside refrigerator.)
Strawberry Jello made with a can of fruit cocktail, using the juice as part of the liquid.
Tater-toss (Frozen in freezing unit . Follow directions on package.)
Dessert and Milk
- Sunday: Hot Dogs (Hot Dogs are frozen and buns are in the outside refrigerator.)
Baked Beans (Can on the lazy suzan shelf. I add brown sugar, mustard, ketchup, and onion to make them more tasty)
French Fries (frozen---you may just heat in oven instead of frying)
Dessert + Milk

These are the menus the children wanted. If you feel they need a green vegetable or something else along with these, you use your own judgement. They are not big eaters. Grant rarely eats any supper. His best meal is in the middle of the day, so I do sometimes cook him a hot dog and cut it up ~~wax~~ and let him dunk the pieces in ketchup with a toothpick; this to go along with his regular peanut butter and grape jelly. Also, he likes grilled cheese sandwiches every now and then. I do try to give him a nourishing lunch. You could add the Nestle's Quick chocolate to the milk every now and then.

I will leave part of a cake, and there is a new one in the freezing unit outside, for when you need it. If you run out of desserts, just have Mrs. Tener (next door) pick up something at the store. They do like to have desserts. However, if they don't eat, they should not be allowed to fill up on dessert.

BREAKFAST:

The children had just as soon have cereal as anything. They are always to have orange juice and I do like for them to have $\frac{1}{2}$ of a banana with cereal. There are sweet rolls and do-nuts in the outside refrigerator. If you run out, you could just let them have toast and jelly. They all enjoy cream of wheat if you want to fix it. It is in a jar in the skinny cabinet above the sink. Grant does not drink orange juice at all---he has apple juice instead.

LUNCH:

They like to take their lunches to school. One sandwich (frozen and labeled), one bag of chips, and one Little Debbie cake, and each of them must take a dime for lunch. Please put the dime inside the lunch boxes. The change is in the cup on top of the refrigerator. When Grant goes to nursery school on Tuesday and Friday, fix him the same thing. He will always want peanut butter and jelly, as Ted will, too.

I allow them coke for lunch on Saturday + Sunday.

SNACK:

They may have kool-ade and a couple of cookies or fruit when they come in from school. Don't allow them to eat anything too late as it will spoil their supper.

I do not allow Grant to be eating all day long. Please just stick to meals and one snack a day. He usually has his snack when he gets up from his nap--except on school days and then he has it when he comes home and before his nap.

Jeb has patroll duty at school so must leave the house by 7:45 a.m. Please get him up about 7:10. Carol and Ted do not have to leave the house before 8:00 but sometimes they leave a few minutes before. Please make sure they have everything signed that must be signed, lunch boxes, and books. They all make their beds every day except Thursday.

Carol and Jeb are in an after school recreation program and get home at 4:00 every day except Wednesday. Ted comes home at 3:00. Wednesday, Carol and Jeb will come home at 3:00.

BEDTIME: I like for the older three to bathe every other day, unless you think they need a bath every day. Usually, they do not. On the days they do not bathe, remind them to wash their faces and hands real good, and brush their teeth before going to bed. Also, you will have to remind Ted to brush his hair and teeth every morning before school, or he will forget. Bed time is 9:15 for Ted and Grant, 9:30 for Carol, and soon after for Jeb. Jeb usually goes to bed about 9:30 but may read until 10:00. Help Ted pick out his clothes for school at night before he goes to bed.

Grant usually gets a bath every day. your own judgement

Homework is to be done right after school. Please check with Carol and Ted each day and ask them if they have homework. Jeb will not have to be reminded. Do not let them watch T. V. til homework is done. If Carol is to have a test the next day, I want Jeb to go over the questions with her. She really has to put in some time studying before he questions her.

I do not like for them to watch T. V. for hours on end. If it is a pretty day, I do like for them to play outside for part of each afternoon. Please know what they are watching on T. V., and if it is a program you do not approve of, do not allow them to watch it.

Grant goes to nursery school on Tuesday and Friday to Decatur Church of Christ. Mrs. Lois Forbes, across the street in the yellow house, will pick him up at 8:45 a.m. and return him home a few minutes after 2:00. Be sure he has his lunch with him. The school furnishes the drink. Mrs. Forbes telephone # 325-4370. Sometimes, ~~Mr.~~ Mr. Forbes drives.

My maid will come on Thursday. Her name is Willie Mae Sanford, telephone # 688-0096. She rides the bus and will walk over and walk back to the bus line on LaVista. She gets here a little after 9:30 and leaves at 5:00 p.m. She is to vacuum the whole house, upstairs and down, mop the kitchen, clean both bathrooms, dust, and change the boys beds downstairs. She does not wash or iron. This week, I want her to vacuum the porch and wipe off tables and sweep carport, and I will leave her a note to tell her those extras. She is perfectly capable of taking care of Grant for a while if you need to go off for a while on Thursday. You might take Grant for a walk while she is here. ~~xxxxxxx~~ Her money will be on top of refrigerator in an envelope. I do not mind her leaving early if she gets through early.

Please have things picked up before she gets here. The children could help you Wednesday night.

SUNDAY: Please have the children ready for Sunday School at 8:50, although their ride may not get here before 9:00. Mrs. Kathleen Smith will come and get them. Her telephone # is 325-3494. PLEASE CALL HER SOMETIME SATURDAY TO REMIND HER TO PICK THEM UP. Grant will not go. They will go to Mass after Sunday School, so will be brought home about 11:40 a.m.

If any of them are invited to a birthday party while we are gone, my neighbor Mrs. Maryann Cowart, telephone # 325-4221, said she would get the present and see that they get to the party.

If they are invited to go to someone's house after school, please talk to the Mother and know where they are going and be sure they will bring them home. If one is invited to spend the night out Friday night, please talk to the Mother, know where they are and what time to expect them home on Saturday. I would not want them to spend the night out on Saturday night.

Grant takes a nap every afternoon, lasting from one to two hours. He goes down after lunch every day except school days, then he goes down after he has a snack when ~~he~~ he gets home. Pull down the ~~shades~~ shades in his room so he will rest better. Also, pull them down at night when he goes to bed. I leave his door open at night, but close it for day time naps. He has no nightlight. He does have a blanket he sleeps with. He has three of them and the extras are in his cedar chest.

You will have to help Grant get his pants on + off to Potty.

We leave the light going down the steps on all night each night, and Carol has a night light, and the boys downstairs have a nightlight.

Mrs. Harris will come over Saturday morning to stay the week-end. Her telephone # is ~~355~~ 377-5555. Please change the lines on our bed and the towels and wash them for her. Also, make sure she has these notes to refer to.

If for any reason Mrs. Harris is unable to come, check with my next door neighbors, Marie and Bob Tener and they may take care of them for the week-end. If that doesn't work out, and you know before Friday, please call Mrs. Sylvia Martin 377-4026 and she will get someone for me.

Marie Tener will pick up any extra groceries you will need. Herk phone is ~~35x~~ 325-3486. The grocery money will be on top of the refrigerator.

We will be staying at:

Hotel Saint Jacques
17 Boulevard Saint Jacques
Paris, France

Telex: 27740
Telephone: 589-89-80

Neighbors: Marie and Bob Tener - 325-3486
Maryann and Truman Cowart- ~~352~~ 325-4221
Edna and Gerry Deckbar - 325-3799

Pediatrician: W. Stanley Mathews - 938-3710

Grandparents: Mr. and Mrs. E. J. Cashin
1534 Whitney Street
Augusta, Georgia
Dial 1 then 733-5210

Tacia - (the dog) I keep the food and water in her dish at all times. You can let her go out in the yard two or three times ~~an~~ each day and she will come back in when you call her. She sleeps in the kitchen at night and I put the gate up across the den opening, and close the door to the dining room. I usually have her go outside before I go to bed.

The cat - You must remind Carol to feed her each night. She gets about $\frac{1}{2}$ can of cat food and I give her table scraps. I also give Tacia table scraps. She can't eat more than $\frac{1}{2}$ can at a time. The cat is not allowed in the house.